



ASHTON WYLIE
CHARITABLE TRUST

**Energy Psychology -
A New Way Forward in Health Care
Workshop Programme**

INTRODUCTION EVENING
FRIDAY MARCH 7 2008, 7.30PM-10.00PM

FULL-DAY IN-DEPTH EXPERIENCE
SATURDAY MARCH 8 2008, 9AM -5PM

HALF-DAY RELATIONSHIP WORKSHOP
SUNDAY MARCH 9 2008, 9.30AM-1.30PM

Programme of events: Introduction evening Friday March 7th 2008

Venue: Hopetoun Alpha, 19 Beresford Square, Auckland

7.35	Welcome: Dr Robin Kelly
7.40	Presentation by Bruce Lipton PhD
8.00	Presentation by Dawson Church PhD
8.20	Presentation by Louisa Walker PhD
8.30	Presentation by Dr Tim Ewer
8.40	Presentation by Dr Robin Kelly
8.50	Refreshments
9.00	Panel discussion. Questions from the audience.
10.00	Official proceedings conclude. Opportunities for book signings.

Programme of events: Full day experience Saturday March 8th 2008

Venue:

Sir Neil Waters Lecture Theatre, Massey University Albany Campus
Gate One Entrance, Albany Expressway, Albany

8.30am	Registration
9.00am	Welcome
9.10 – 10.40am	<p><i>Beings of Energy in Bodies of Matter</i> <i>Presenter: Bruce Lipton PhD</i></p> <p>Abstract: The integration of quantum physics with leading edge discoveries in cellular biology provides us with insight into the communication channels that link the mind-body duality. This fully illustrated presentation focuses upon cutting edge cell biology research that reveals how vibratory energy “signals” influence cell control mechanisms. These new scientific insights provide a scientific foundation for the power and effectiveness of energy psychology modalities. The coupling of vibrational signatures and resonance in molecular communication constitutes a master key that unlocks a mechanism by which our thoughts, attitudes and beliefs create the conditions of our body and the external world.</p> <p>More information: www.bruce-lipton.com</p>
10.45 – 11.05am	Morning tea
11.05 – 12.00	<p><i>Tapping into the Now: Quantum Healing at Your Fingertips</i> <i>Presenter: Dr Robin Kelly</i></p> <p>Abstract: There has been hesitancy within established health systems to accept the techniques of energy medicine and energy psychology, on the grounds that they do not possess a firm scientific foundation. In this presentation, Dr Robin Kelly challenges this view by exploring what has been termed the New Science of Life. This is a science that embraces not only our physical reality, but also non-material realms such as holography, morphic fields and quantum physics. Relating this science to the healing arts, Robin explains how our body transmits messages locally and non-locally via a crystalline web of connective tissue, and why water is so intimately related to these processes. This is our modern, evolving explanation for the Chinese meridian system. It provides us with a scientific foundation on which to base our many complementary healing practices, including acupuncture and Emotional Freedom Techniques (EFT.) Integral to the effectiveness of these techniques is the compassionate intent of the both the healer and healee. Energy psychology techniques, Robin argues, are so potent because they require the user to direct this heart-felt compassion to their own self, thereby reclaiming full ownership of their health.</p> <p>More information: www.robinkelly.co.nz</p>
12.00 – 12.45pm	<p><i>Psyche, Soma and Physis</i> <i>Presenter: Louisa Walker PhD</i></p> <p>Abstract: Despite thirty years of evidence for the integration of mind and body, we are still operating out of an old familiar paradigm. Thrilling new models for health and wellbeing are evolving from advances in the fields of psychoneuroendocrinology, molecular biology, quantum physics, and the new science of epigenetics. Despite the excitement and promise of these findings,</p>

	<p>i.e., that our 'biography is our biology' - that our thoughts and emotions affect our cells and tissue - it is still 'business as usual' for most health care providers. How do we operationalise these findings and integrate our new understanding into practices based on a new paradigm? Dr. Louisa Walker presents some key strategies, with a fundamentally different approach to practice, based on the new realities described by these findings. Louisa challenges us to identify and transcend the dichotomies that constrain our thinking: that we 'treat' either the body with touch or the mind with talk; that we 'apply a treatment' that is herbal or synthetic, 'holistic' or allopathic. We will consider the role of consciousness in the healing process, the state of the practitioner in the healing relationship, and the essentially 'transpersonal' nature of giving and receiving care. Finally, we will consider why the placebo effect is your best friend and why Hippocrates was right when he said, "Physician Heal Thyself".</p>
12.45 - 1.10pm	Questions/ morning panel
1.10 – 2.00pm	Lunch
2.00 – 3.40pm	<p><i>The Genie in Your Genes</i> Presenter: Dawson Church PhD.</p> <p>Abstract: Epigenetic Medicine is a new form of therapy destined to upend many of the certainties of today's medical and psychological practice. Epigenetics (epi=above, epigenetic=control of genes from above or outside the cell) is a new science less than ten years old. It shows that genes are activated or deactivated by many factors originating outside the cell and even outside the body. These factors include childhood nurturing, belief, spirituality, prayer, visualization, and the quality of our social network. It seems incredible that our cells could be conditioned daily by these epigenetic influences. Yet the most cutting-edge scientific research shows that intention literally affects the conformation of the DNA molecule. Our consciousness is affecting our bodies every day. Large-scale scientific studies have shown that success in resolving emotional trauma can lower our chances of getting cancer, heart disease, hypertension, and diabetes. In the words of Dawson Church, who coined the term Epigenetic Medicine and identifies an Epigenetic Health Cycle in his new book <i>The Genie in Your Genes</i>, "psychology is physiology;" what we believe and think has an immediate effect on our bodies. In this presentation, he shows how we can turn this knowledge to our advantage, engaging powerful epigenetic processes through the quality of our emotions and thoughts, and the nature of our intentions.</p> <p>For more information: www.soulmedicineinstitute.org</p>
3.40 – 4.00pm	Afternoon tea
4.00 – 5.00pm	<p>Questions to panel chaired by Dr Tim Ewer Topic: "Energy Psychology – Making it Happen in NZ 2008."</p>

Note to participants: *The morning will be devoted to dynamic audio-visual presentations. The afternoon will be equally dynamic, but with a focus on lively interaction and participation with the audience.*

Programme of events: Sunday March 9th 2008 – The Energy of Love

Venue:

Sir Neil Waters Lecture Theatre, Massey University Albany Campus
Gate One Entrance, Albany Expressway, Albany

9.30am	Welcome
9.40am	<p><i>The Energy of Love</i> Presenters: Dawson Church PhD and Catherine McLenaghan D.EHP</p> <p>Abstract: Emotional self-management is the key to relationship success. Unless you're in relationship with a saint, your partner has unhealed aspects of the self - blind spots, ancient wounds, childhood traumas—that can inexplicably burst into the relationship and wreak havoc. Or, if your partner represses those wounds, the result is dead spots that can turn a normal person into an emotional zombie.</p> <p>The key to success is not getting your partner to change, for that may never happen. Instead, the key to success is handling your own reactions to their behavior.</p> <p>Presenter Dawson Church PhD, has experience with many kinds of therapy. He has found that some techniques have a much higher success rate than others (while working very quickly). In this workshop, he demonstrates methods from the field of Energy Psychology and Energy Medicine that can quickly defuse the most difficult time bombs in the average relationship. Unlike talk therapy, energy methods work directly on the body, take only seconds, and possess an impressive scientific pedigree grounded in gene studies, epigenetics, endocrinology, electromagnetism, and neurology.</p> <p>Spend this session with one of the top international experts in this field, find out how you can identify the energy patterns underlying your interactions; then get the skills to shift these patterns and transform your relationship immediately. You will leave the room a different person, with fresh horizons of relationship potential.</p>
11.40	Break
11.50	Session recommences
1.30pm	Session concludes

ABOUT THE SPEAKERS:



Bruce H. Lipton, PhD

Bruce H. Lipton PhD, the bestselling author of *The Biology of Belief*, is a cellular biologist and former medical school professor who is currently a visiting lecturer at the New Zealand College of Chiropractic. His pioneering research on cloned stem cells at Wisconsin's and Stanford's Schools of Medicine presaged the revolutionary field of *epigenetics*, the new science of how environment and perception control genes. For more details go to: www.BruceLipton.com



Dawson Church, PhD

Dawson Church PhD, has edited or authored many books, and collaborated with many best-selling authors, including Robert Kiyosaki (*Rich Dad, Poor Dad*), Deepak Chopra, John Gray (*Men Are From Mars, Women Are From Venus*), Wally "Famous" Amos, and others. He founded Soul Medicine Institute to research and teach emerging psychological and medical techniques that can yield fast and radical cures. His new book, *The Genie in Your Genes*, pioneers the field of Epigenetics, (the control of genes from outside the cell), explaining the remarkable self-healing mechanisms now emerging from this science. It has been hailed as a brilliant breakthrough by leading scientists. For more details go to www.dawsonchurch.com



Dr Robin Kelly

Dr Robin Kelly FRNZCGP, runs a medical practice in Auckland that integrates Western, Eastern and modern mindbody approaches to health. He is a past president of the Medical Acupuncture Society (NZ), and a founding trustee of the MindBody Trust. He is the author of two books: *Healing Ways* and the recently released *The Human Antenna*, a foundation text for Energy Psychology Press (US). For more details go to www.robinkelly.co.nz



Dr Louisa Walker

Dr Louisa Walker is a clinical psychologist who has, for more than 20 years, pioneered mindbody treatment approaches in collaboration with GPs. She has investigated novel mindbody treatment strategies to address medical, psychological, rehabilitation and recovery issues for use by health professionals. Louisa is currently a practicing psychologist, university lecturer, and presenter of training workshops and seminars on mind/body integration. She also manages mental health projects for two Auckland PHOs.



Dr Tim Ewer

Dr Tim Ewer has been working in integrative medicine for the last 16 years and has a health centre near Nelson. Prior to his current role Tim was a hospital physician for 10 years after gaining his medical degree and specialist qualifications in the UK. He has trained in a variety of modalities including nutrition, environmental medicine, acupuncture and bio-energetic medicine. He has been an advisor to WHO on natural medicine and to the New Zealand government on CAM. He has also taught tai chi and qi gong and has a research interest in the effects of EMF, sound and light on health.



Catherine McLenaghan D.EHP

Catherine McLenaghan has an active energy wellness practice in Ottawa, Canada, and is a highly regarded energy healer. She is a certified Eden Energy Medicine practitioner, and a candidate for Certification as an Energy Health Practitioner (C.EHP) through ACEP (the Association for Comprehensive Energy Psychology). She is currently completing a book on the bringing ritual and mystery into everyday life using candles. Testimonials from many of her clients can be seen at <http://cmclenaghan.typepad.com/catherineswellspring>



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REGISTRATION

Energy Psychology – A New Way Forward in Health Care

Contact information

Title: Mr / Mrs / Miss / Ms / Dr

First name: _____ Surname: _____

Postal address: _____

Town / City: _____ Phone: _____

Email: _____ Occupation: _____

Please select which education experience/s you would like to register for:

- Introduction evening - Cost: \$30 GST inclusive (includes refreshments)**
Hopetoun Alpha, 19 Beresford Square, Auckland
Friday March 7 2008, 7.30pm – 10.00pm
- Full day in-depth experience - Cost: \$165 GST inclusive (includes lunch, morning and afternoon tea)**
Sir Neil Waters Lecture Theatre, Massey University Albany Campus
Saturday March 8 2008, 9.00am – 5.00pm
- The Energy of Love –Cost: \$75 per person or \$130 per couple GST inclusive**
Sir Neil Waters Lecture Theatre, Massey University Albany Campus
Sunday March 9 2008, 9.30am – 1.30pm

Payment options

- Pay by cheque \$_____ Please make cheques payable to The Ashton Wylie Charitable Trust
- Pay by credit card

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Name of cardholder: _____ Signature: _____

Please send your completed registration form with payment details to:

PO Box 68-982, Newton, Auckland, New Zealand or email

info@hopetounalpha.co.nz

There are limited spaces for each of these educational experiences and therefore your placement is subject to availability. Places are filled on a first-in-first-served basis.

Cancellation policy

Should you be unable to attend, a substitute delegate is welcome at no extra cost. Alternatively, a full refund less a 25% service charge will be made for all cancellations received in writing seven working days or more prior to the event. Regrettably, no refund can be made for cancellations less than seven working days prior to the event.